## SUPERIOR-GREENSTONE DISTRICT SCHOOL BOARD

Section SCHOOLS AND STUDENTS

CONCUSSION 541 Policy Name

Board Approved: February 26, 2024

January 22, 2019 February 23, 2016 Reviewed: February 6, 2024 November 6, 2018 February 2, 2016 February 2, 2015 November 4, 2014

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## **Policy**

It is the policy of the Superior Greenstone District School Board to ensure the provision of minimized risk in elementary and secondary schools and to provide a safe environment that takes steps to reduce the risk of injury and promotes the overall well-being of students.

## 1.0 **Guiding Principles**

- 1.1 Research indicates that a concussion can have a significant impact on a student's cognitive and physical abilities. Concussions can have a serious effect on a young, developing brain. Proper recognition and response to concussion in the school environment can prevent further injury and can help with recovery. Children and adolescents are among those at greater risk for concussions due to body trauma at any time. There is a heightened risk due to concussion during physical activity which includes physical education classes, playground time or sports activities.
- 1.2 To address this increased risk of concussions and to prevent and identify the signs and symptoms of concussion, the Board is committed to increasing awareness for all students, staff, parents, volunteers, and health care practitioners to support the proper prevention and management of concussions.
- 1.3 It is very important to students' long-term health and academic success that individuals in schools have information on appropriate strategies to minimize risk of concussion, steps to follow if they suspect that a student may have a concussion, and effective management procedures to guide students' return to learning and physical activity after a diagnosed concussion.

1.4 In accordance with Policy Program Memorandum (PPM) 158 (School Board Policies on Concussion), Superior Greenstone District School Board will develop and implement concussion management strategies. These strategies must include: development of awareness, prevention, identification, training, and management procedures for a